**Arizona Dreams Gymnastics Academy**

**928-759-3435**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 9:00am |  |  |  |  | **Tumble Bears**  9:00-9:45 | **Competitive Cheer**  9:00-10:30 |
| 10:00am |  |  | **Tot Open Gym**  **CLOSED**  10:00-11:30  *Up to 5 years old* |  | **Tumble Bears 2**  10:00-11:00(2-4yr) | ***Open Gym***  10:00-11:30  4 & UP |
| 11:00am |  |  | **CLOSED** |  | **Parent Tot**  11:15-12:00 | **Birthday Parties**  **11:30-1:30** |
| 1:30pm |  |  | **Homeschool Open Gym** 1:15-2:15 |  |  |  |
| 2:30pm |  |  | **Homeschool Class** 2:30-3:30 |  |  | **Birthday Parties  2:00-4:00** |
| 4:00pm | **Girls Hotshot 3**  4:00-5:30 (4-7yr) | **Ninja Park Fitness**  3:45-4:45  **Girls Hotshot 1**  3:30-4:30 (3-5yr) | **Level 2 Girls**  3:30-5:00 | **Girls Hotshot 1**  3:45-4:45 (3-5yr)  **Level 2 Girls**  4:00-5:30 | **Level 2 Girls**  4:15-5:45 |  |
| 4:30pm | **Pre-Team**  4:30-7:00 | **Level 1 Girls**  4:15-5:15 | **Level 1 Boys**  4:00-5:00 |  | **Pre-Team**  4:30-7:00  **Little Ninja Park Fitness**  4:30-5:30 | **Birthday Parties**  **4:30-6:30pm** |
| 5:00pm |  | **Little Ninja Park Fitness**  5:00-6:00  **Tumble Bears 2**  4:45-5:45 (2-4yr)  **Little’s Competitive Cheer**  5:00-7:00 | **Level 1 Girls**  5:00-6:00 | **Girls Hotshot 2**  5:00-6:00 (4-6yr) | **Little’s Competitive Cheer**  5:00-7:00 |  |
| 5:30pm | **Girls Hotshot 1**  5:45-6:45 (3-5yr) | **Level 2 Girls**  5:30-7:00 | **Level 2 Girls**  5:30-7:00 **Ninja Park Fitness**  5:15-6:15 | **Level 1 Girls**  5:45-6:45 |  |  |
| 6:00pm |  | **Girls Hotshot 2**  6:00-7:00 (4-6yr)  **Ninja Park Fitness**  6:15-7:15 **Competitive Cheer**  6:00-8:00 | **Level 1 Girls**  6:15-7:15  **Tumbling**  6:00-7:00 | **Tumble Bears 1**  6:15-7:00 (2-4yr)  **Youth Silks**  6:00-7:00 **Competitive Cheer**  6:00-8:00 | **Level 1 Girls**  6:00-7:00 **Ninja Park Fitness**  6:00-7:00 |  |
| 6:30pm |  |  |  |  |  | **Parents Night Out**  6:30-9:30  4&up |
| 7:00pm |  |  |  | **Adult Silks**  7:00-8:00 | **Parents Night Out**  7:00-9:30  4&up |  |

**Compulsory & Optional Team**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 3:15pm | **Optional 9/10**  3:15-7:30 | **Optional 9/10**  3:15-7:30 | **Optional 9/10**  3:15-7:30 | **Optional 9/10**  3:15-7:30 | **Optional 9/10**  3:15-7:30 |  |
| 3:30pm | **Optional 8**  3:30-7:30  **Optional 6/7**  3:30-7:30  **Compulsory 3**  3:30-7:30  **Compulsory 2**  3:30-7:30 | **Optional 8**  3:30-7:30  **\*Optional 6/7**  3:30-7:30 (Add 4th day)  **Compulsory 4**  3:30-7:30 | **Optional 8**  3:30-7:30  **Optional 6/7**  3:30-7:30  **Compulsory 3**  3:30-7:30 | **Optional 8**  3:30-7:30  **Compulsory 4**  3:30-7:30  **Compulsory 2**  3:30-7:30 | **Optional 6/7**  3:30-7:30  **Compulsory 4**  3:30-7:30  **\*Compulsory 3**  3:30-7:30  (Add 3rd day)  **\*Compulsory 2**  3:30-7:30  (Add 3rd Day) |  |
| 6:30pm |  |  |  |  |  |  |
| 7:00pm |  |  |  |  |  |  |